

# WEEK 1

W/C: 15/04, 06/05, 03/06, 24/06, 15/07, 09/09, 30/09, 21/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Gammon Carvery Served with Roast Potatoes and Gravy	Lamb Bolognese Served with Wholewheat Pasta	Fish Fingers Served with Chips
JACKET POTATO	BBQ Quorn Fillet Served with Wholegrain Rice	Vegetarian Burger Served with Potato Wedges	Vegetarian Cottage Pie Served with Gravy	Chilli No Carne with Crispy Tortilla Served with Wholegrain Rice	Quorn Dippers Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Sponge with Chocolate Custard	Crispy Crackle Bar with Fruit	Carrot, Orange and Sultana Slice	Original Flapjack	Vanilla Ice Cream

**PACKED LUNCH AVAILABLE**  
Filled Sandwiches available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Fruity! Nutritionist's Choice Oily Fish Wholegrain

# WEEK 2

W/C: 22/04, 13/05, 10/06, 01/07, 22/07, 16/09, 07/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza  Served with Potato Wedges	Beef Bolognese   Served with Wholewheat Pasta	Roast Gammon Carvery Served with Roast Potatoes and Gravy	Sweet and Sour Chicken   Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
<p><b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta  </p> <p>All main meals are served with two vegetables</p>					
DESSERT	Raspberry Yoghurt Cake	Banana and Carrot Cake 	Orange Jelly	Chocolate Shortbread with Fruit 	Strawberry Ice Cream

**PACKED LUNCH AVAILABLE**  
Filled Sandwiches available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain  
 Fruity!  Nutritionist's Choice

# WEEK 3

W/C: 29/04, 20/05, 17/06, 08/07, 02/09, 23/09, 14/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Gravy	Roast Gammon Carvery Served with Roast Potatoes and Gravy	Cottage Pie Served with Gravy	Fish Fingers Served with Chips
JACKET POTATO	Chinese Vegetable Noodles 	Vegetarian Sausage Served with Mashed Potato and Gravy	Cheese and Onion Pasty Served with Roast Potatoes and Gravy	Meatless Balls in Tomato Sauce Served with Rainbow Rice	Quorn Dippers Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Brownie with Fruit Slices	Strawberry Jelly	Banana Cake	Vanilla Sponge with Custard	Chocolate Ice Cream

**PACKED LUNCH AVAILABLE**  
Filled Sandwiches available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Fruity! Oily Fish Wholegrain Nutritionist's Choice